

Five Element Personality Assessment

Please read through the lists under each Element's heading and highlight the traits with which you associate, then tally your total for each list at the bottom of the page. We will use this information in your face reading to compare how your features display these Elements with how you manifest these traits in your personality. These associations are personal to you and all answers are correct.

Water	Wood	Fire	Earth	Metal
Calm	Intense	Funny	Nurturing	Orderly
Solitary	Driven	Scattered	Comforting	Discerning
Peaceful	Focused	Talkative	Involved	Systematic
Reflective	Depressive	Mischievous	Cooperative	Well-mannered
Contemplative	Determined	Expressive	Diplomatic	Precise
Secretive	Assertive	Charming	Deliberate	Reserved
Philosophical	Decisive	Communicative	Indecisive	Analytical
Introspective	Active	Distractible	Overprotective	Aloof
Private	Rebellious	Cheerful	Sociable	Refined
Intellectual	Competitive	Spontaneous	Predictable	Formal
Willful	Direct	Optimistic	Supportive	Distant
Patient	Realistic	Witty	Relaxed	Neat
Mystical	Argumentative	Unpredictable	Slow	Proper
Preserving	Bold	Enthusiastic	Constant	Idealistic
Wise	Irritable	Quick	Conforming	Elegant
Easy-going	Passionate	Playful	Sympathetic	Humble
Creative	Demanding	Changeable	Dependent	Self-contained
Serious	Difficult	Lively	Amiable	Discreet
Truthful	Impatient	Curious	Tactful	Gracious
Deep	Dominant	Flirtatious	Helpful	Inhibited
Stoic	Loud	Nervous	Attentive	Polished
Stubborn	Fast	Flighty	Consistent	Honorable
Observant	Aggressive	Inventive	Loyal	Careful
Subtle	Tough	Versatile	Passive	Bossy
Resolute	Acquisitive	Charismatic	Concerned	Clean
=	=	=	=	=